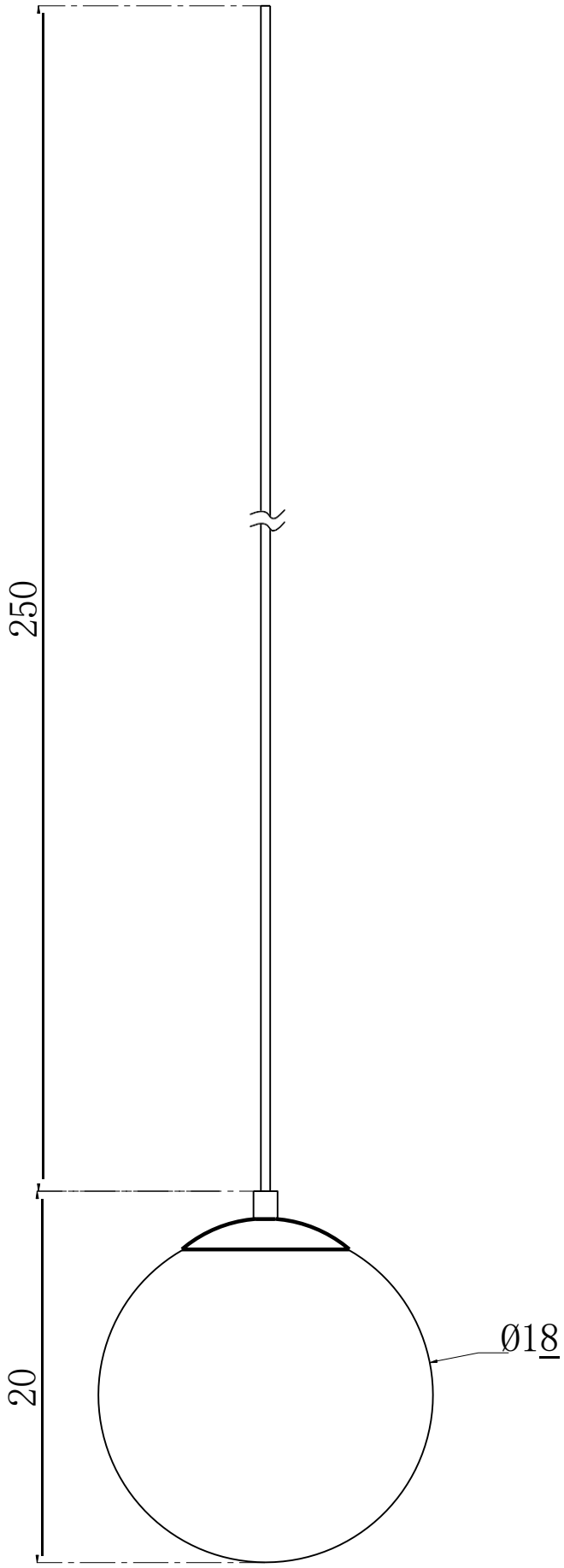BALU